

The Benefits of Toastmasters Membership

Build a Better You

Are you looking for a fun way to improve your communication and build skills to help in your career? Toastmasters allows you to engage with people who share similar interests to you in a supportive and comfortable setting. Here's just a few of the many benefits you'll see as a Toastmaster.



Improve your public speaking skills



Build leadership skills



Gain self-confidence and self-awareness



Work on networking in a small and supportive environment



Practice writing speeches and presenting in a group setting



Receive regular and constructive feedback from peers with similar interests as you



Gain a competitive advantage in the workplace



Access to the Pathways learning experience, which is an education program that allows you to leverage over 300 practical workplace skills, including:



Enjoy unlimited personal growth

- » Interview preparation
- » Online meeting management
- » Leadership development
- » Project management
- » Conflict resolution



Maximize your potential

Toastmasters International is a non-profit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs. The organization's membership exceeds 357,000 in more than 16,600 clubs across 143 countries. Members pay international dues of \$45 USD every six months, plus a new member fee of \$20 USD. With Toastmasters, the learning never stops. To learn more, visit www.toastmasters.org/About-Us.



Visit a club today!

Are you ready to practice public speaking, improve your communication and build leadership skills? Visit www.toastmasters.org/Find and find a club near you. Each club has a unique culture, so visit a few and find the one that fits you the best. When you find a match, speak with the vice president membership and ask for a membership application.

What members are saying

All About Toastmasters

Creating leaders and improving communication since 1924



"Toastmasters has changed my life for the better. It helped me find my voice. ... a more confident me."

—Maria Martinez

Learning Facilitator - Center for Behavioral Excellence
Wipro



Local club information:



"We all know how important communication is in business and in life and how daunting it can be to many; Toastmasters' program develops confidence in people to effectively communicate."



—Mike Fasulo

President and Chief Operating Officer
Sony Electronics Inc.



WHERE LEADERS ARE MADE

Toastmasters International is a nonprofit educational organization that offers a proven education program that helps improve communication and build leadership skills through a worldwide network of clubs. The organization's membership exceeds 357,000 in more than 16,600 clubs in 143 countries. Since 1924, Toastmasters International has helped people of all backgrounds build confidence as speakers and leaders.

What's in it for you?

Improved communication

Toastmasters will give you the skills and confidence you need to effectively express yourself in any situation. Whether you are a mature manager, student, young professional, career advancer or looking to make an impact in your community, Toastmasters is the most efficient, supportive, enjoyable and affordable way of gaining great communication skills. You'll improve your interpersonal communication and be more persuasive and confident when giving speeches.

Build leadership skills

While some are born confident, charismatic leaders, others must work to develop their leadership skills. Through Toastmasters, you'll gain the practice to become the leader and speaker you want to be. You will also sharpen your management skills, become a better negotiator, gain trust and inspire your team. Learn to be decisive!



Build a Better You!

With Toastmasters, you will:



Improve public speaking skills



Build leadership skills



Practice writing speeches and presenting in a group setting



Gain a competitive advantage in the workplace



Networking opportunities in a small and supportive environment



Build self-confidence and self-awareness



Allows for unlimited personal growth



Ability to maximize your potential

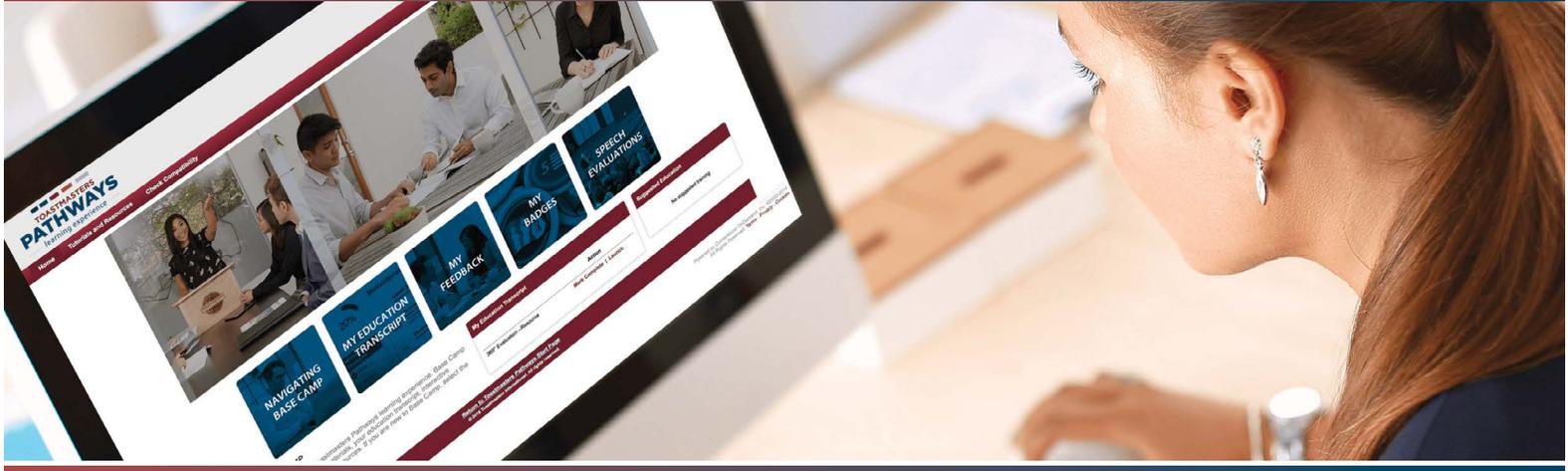
How Toastmasters works

At Toastmasters, members learn by speaking to groups and working with others in a supportive environment. A typical Toastmasters club is made up of approximately 20 people who meet once a week for about an hour. Each meeting gives members several opportunities:

- » **Conduct meetings**
Members learn how to plan and conduct meetings.
- » **Give impromptu speeches**
Members present one- to two-minute, impromptu speeches about assigned topics.
- » **Present prepared speeches**
Members present speeches based on projects from the Pathways learning experience—Toastmasters' education program. Projects cover topics such as speech organization, vocal variety, language, gestures and persuasion.
- » **Offer constructive evaluation**
Every speaker is assigned an evaluator who points out speech strengths and offers suggestions for improvement.
- » **Pathways Learning Experience**
Pathways is Toastmasters' exciting, interactive and flexible education program. With 11 paths to choose from (and more in development), you have the option to pick which skills you want to focus on.

For more information, visit www.toastmasters.org/About-Us.

Navigating Pathways



Reach your personal and professional goals through Pathways, Toastmasters' education program. Build the real-world skills you're looking for with a user-friendly online learning experience you can customize to fit your needs.

Five Core Competencies

Public Speaking

Interpersonal Communication

Strategic Leadership

Management

Confidence

There are more than 300 unique sub-competencies in Pathways that build on the five above.

11 Specialized Learning Paths

After taking an online assessment, you will be guided to the ideal path, based on your current goals. There are at least 14 projects in each path.



Dynamic Leadership



Effective Coaching



Engaging Humor



Innovative Planning



Leadership Development



Motivational Strategies



Persuasive Influence



Presentation Mastery



Strategic Relationships



Team Collaboration



Visionary Communication

Want to hear what members are saying? See back for testimonials.

www.toastmasters.org/Pathways

What members like most about Pathways:

UTILIZES TECHNOLOGY
SKILL-SHARPENING ASPECT SELF-ASSESSMENT OPPORTUNITY
EXTRA RESOURCES VARIETY OF PATHS PERSONALIZATION
CURRICULUM FLEXIBILITY ONLINE FEATURE
ONE-STOP SHOP FOR ADVANCEMENT ANY-TIME ACCESSIBILITY
INDIVIDUALIZED PATHS ADDITIONAL LEARNING TOPICS

How people are using Pathways:



Through Presentation Mastery, Cate was inspired to create short stories to get her community messages across in an interesting and memorable way.

"What we do is very technical, very complicated and for most people, very boring; I would often see them glaze over when I was talking...I'm so grateful for Pathways."

—Cate Arnold
City Councilor
Beaverton, Oregon



After completing the Strategic Relationships path, James is much more comfortable in groups—talking to people, shaking hands and connecting.

"I needed to face this fear to try and connect better with people...it has really been a transformation."

—James Wantz
CAD Draftsman
Willamette Mfg. & Supply Co., Inc.



When given the challenge and opportunity to move from India to the U.S., Kaushik looked to Pathways to create a bigger impact amongst native English speakers and to run work groups in a new environment.

"Pathways offered me the opportunity to continue learning and stay hungry."

—Kaushik Balasubramanian
Technical Lead
Intel Corporation



Adrian used Pathways to enhance her career.

"The training has made me more focused and disciplined at work and improved my interaction with colleagues."

—Adrian Jefferson Chofor
Marketing Operations Consultant
Kaiser Permanente

How will Pathways transform you?

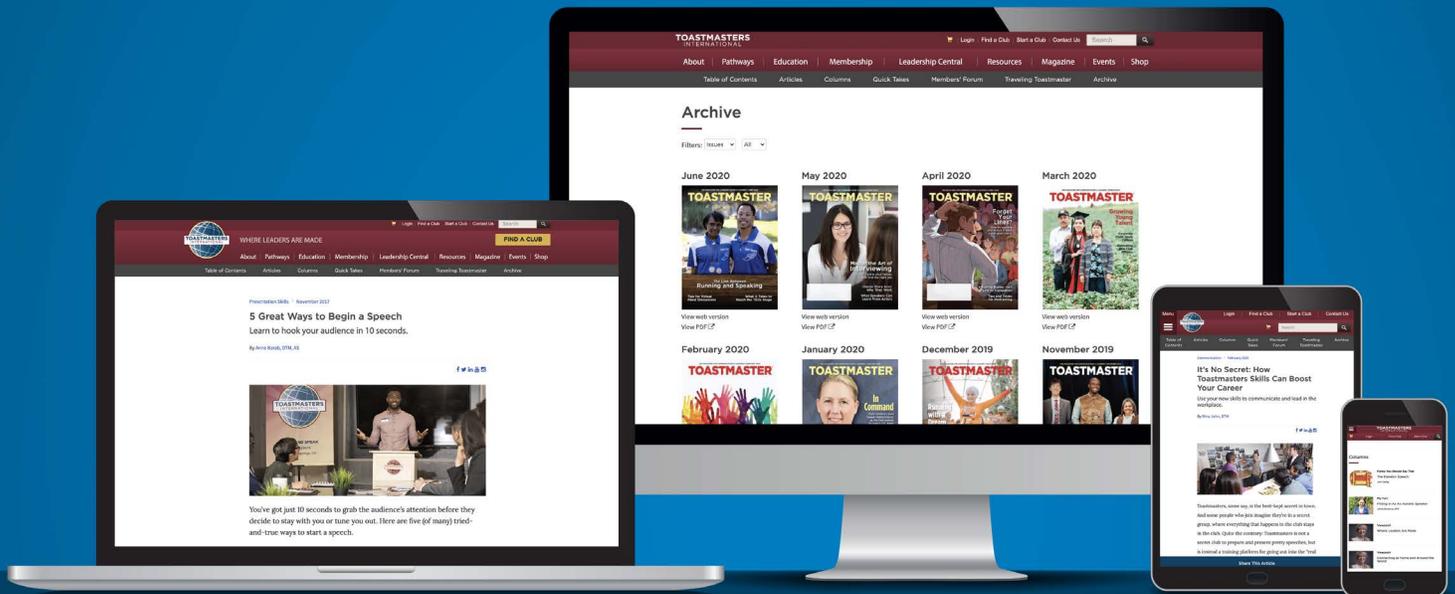
Enroll today and start your journey! www.toastmasters/Pathways

FEATURES, BENEFITS AND VALUE



Features	Benefits	Value to the Individual	Value to the Organization
▶ A self-paced program	▶ Flexibility	▶ Unlimited personal growth	▶ Employee goal achievement
▶ Speech writing and presenting	▶ Critical thinking ▶ Effective presentation delivery	▶ Clear communication ▶ Confidence	▶ Effective employee communication ▶ Better leaders
▶ Weekly interactive meetings	▶ Ongoing experience ▶ Overcoming fears	▶ Skill reinforcement	▶ Improved morale ▶ Enhanced performance
▶ Table Topics®	▶ Thinking quickly	▶ Self-confidence	▶ Better customer communication
▶ Evaluations	▶ Keen listening skills ▶ Constructive feedback	▶ Increased self-awareness ▶ Positive mentoring	▶ More productive teams
▶ Participation in meeting roles	▶ Ease in front of a group	▶ Improved leadership skills	▶ Effective meetings
▶ Opportunity to conduct meetings	▶ Time management skills ▶ Self-confidence and poise	▶ Effectively lead meetings	▶ Increased productivity
▶ Small groups	▶ A supportive environment ▶ A positive atmosphere	▶ Relationship-building	▶ Better teamwork ▶ Improved retention
▶ Opportunity to fulfill officer roles	▶ Leadership development opportunities	▶ Leadership growth ▶ Career advancement	▶ Better leaders
▶ Affordable dues	▶ Cost effectiveness	▶ Positive return on investment	▶ Positive return on investment

Dive Deeper Into Toastmasters!



Visit www.toastmasters.org/Magazine to read the web version or download the PDF.

Explore this essential resource to advance your personal and professional growth.

Ready to experience the ultimate source in public speaking and leadership? For 86 years, the *Toastmaster* magazine has provided practical information and inspiring stories, with a range of in-depth articles and helpful tips written by industry experts and experienced members. You'll gain tools for improving your speeches, advice on growing your leadership skills, and deeper insight into your strengths. Plus, look forward to online exclusives every month!